

**S.V.Janani Balamurugan**

PSYCHOTHERAPIST & ACUPUNCTURIST,

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**Regd No:626/21, Life Member Association of Professional PSYCHOLOGIST.**

**Regd No: International board of Acupuncture and Alternative medicine. Reg No: 0131102856/21**

**CAREER OBJECTIVE**

Seeking a position to utilize my skills and abilities in the organization that offers professional growth while being resourcefully innovative and flexible.

# Experiences

* May 2021 – Present - Self practicing Psychotherapist/ Counselor and Acupuncturist “ Anu’s Happy Junction”
  + Student counseling (Associated with Vikas Mantra public school – Till March 2023).
  + Public speaker on Mental Health.
  + Specialized in Behavioral Therapy and Cognitive Behavioral Therapy.
  + Counseling session is been conducted for all type of Hassle.
* Jan 2020 – May 2021 – Tutor and student Counsellor at Vikas Mantra Public School, Mahindra World City, Chengalpattu.
* Jan 2019 – Dec 2019 – Psychological counsellor and Trainer at Tiny Treasure, Mahindra World City, Chengalpattu.
* July 2017 to Apr 2018 – Practiced Private student and family psychological counselling, Nanmangalam
* July 2017 to Dec 2017 – Teaching staff, Kiddes World Play School, Nanmangalam.

# EDUCATION QUALIFICATION

* PhD in Acupuncture, Diabetes Melitus type1 and Diabetes Melitus type2 2023
* Masters in Cosmetic Acupuncture – 2020 to 2021 Bharat Sevak Samaj, Distinction, Reg No: 132316
* Masters in Fertility Acupuncture – 2020 to 2021 Bharat Sevak Samaj, Distinction, Reg No: 132334
* Masters in counseling and psychotherapy 2021 TNOU, Chennai. First class with Distinction
* Diploma in MAGNETO Therapy – 2019 Abdulla Mission Hospital Trust, Affiliated to Medicina alternative the open international University for complementary medicine, Colombo, Sri Lanka. Reg No: 4244DM.19
* Diploma in Bach flower Remedies of London 2019, ATAMA , Reg No: ABF2120
* B.Ed. general 2019 – 2021 at Ranga Boopathi College, Thiruvannamalai. First class with Distinction
* PG Diploma in counselling and psychotherapy 2020, TNOU, Chennai. First class with Distinction
* B.E Computer Science and Engineering Mahindra Engineering College, Mallasamudram. Anna University 2012 First class with Distinction.
* Higher Secondary at Sri Sarada Matric Higher Secondary School, Salem – 2008
* SSLC at Cluny Matric Higher Secondary School, Salem - 2006

# Certifications:

* Registered as a Member Permanent in Acupuncture and Alternative Medicine, The international board of Acupuncture and Alternative medicine. Reg No: 0131102856/21
* ATAMA Lifetime Membership 0131102856/21
* Life Member Association of Professional PSYCHOLOGIST, Regd No:626/21
* Certified Hypnotherapist
* Certified Bach flower Practitioner

**Achievements:**

* I Have conducted Seminar on the topic “IMPORTANCE OF MENTAL HEALTH” across schools
* I Have educated more than 100 people towards learning the process of “Change in different perspective of thinking”
* In the mission of rescuing people from “Emotional trauma” without medications.
* Have been guiding teen age students to overcome exam fear by teaching the techniques on “Practical implementation learning”
* Helping people to overcome unethical practices. When I was working in rehabilitation centers helped more than 50people to overcome tobacco products
* Helping women during pregnancy on food and mental health and educating them towards hormonal changes and how to handle it
* Motto of **Anu’s Happy Junction “Help WOMEN TO BECOME EMOTIONALLY STRONG AND FINANCIALLY INDEPENDENT”**

# PERSONAL SKILLS

* Leadership Quality.
* Able to work in all kind of environments.
* Team Player.
* Self-motivation
* Passionate Home Baker – Own a business on the name “BJ’s Yummy Treats” (Organic & Vegan bakes With natural sources. No artificial flavors or colours used)

# AREA OF INTEREST

* Student, Family and IT Counselling.
* Teaching

# PERSONAL DETAILS

* Date of Birth: 11.03.1991
* Marital status : Married
* Husband Name : M. Balamurugan
* Father’s Name: S.Varadarajan
* Mother’s Name: N.Santha Varadarajan
* Language Known: Tamil, English
* Nationality: Indian

# DECLARATION

I hereby declare that the above declarations are true to the best of my knowledge

Yours sincerely,

(S.V.Janani Balamurugan)